

Creative Source -- *a masterclass*

Feeling the support of space.

"She is an artist at the height of her abilities"

[Brooke, participant since 2010]

A special series for dance, yoga, meditation and martial arts practitioners and artists from all disciplines, to heighten, complement and extend your own practice.



Combines root practices from Eastern and shamanic traditions with transformational meditation, energy clearing, integrated breath work and intuitive dance. Develop strength and resilience and understand the *spaciousness* in and around your body and the support this gives.

DATE: SATURDAY APRIL 20, 6-8PM

COST: \$35

LOCATION: Newtown School of Arts building, 5 Eliza St Newtown [TBC]

[Eliza St runs off King St, almost directly opposite Newtown train station]

Follow-on workshops offered in May, August and October, 2013.

Zsuzsi Soboslay, BA [Hons], A.Mus.A, LTCL, has 22 years' experience as a performance-maker, artist, theatre director, facilitator, and bodywork therapist. She works with adults, children, babies, running movement classes; private clinic; *Intimacy* [a workshop to replenish hope in relationship]; and *EcoBody* retreats in Canberra, Melbourne, Sydney, and Wollongong.

BOOKINGS: Marion Spiller, 0407 251 697

Further information from zsuzsi@bodyecology.com.au; 0402 283 615 or go to

www.bodyecology.com.au